

Internet Abuse Identification and personalised withdrawal strategies



Submission no: 2019-1-UK01-KA204-062021

Project Logistics



Starts: Sept 2019

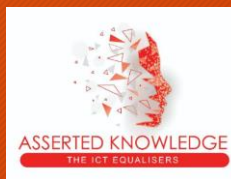
Ends: Aug 2021

Duration: 24 months

Coordinator:

The CIVIC logo consists of the word 'CIVIC' in a large, bold, blue, sans-serif font.

Partners:



WHAT IS THE PROJECT ABOUT?



Main objective

To design, develop, test, implement, and disseminate an innovative training framework and a hands-on service that will enable adults with excessive Internet or computer activity to modify their behavior towards healthier use.

Target Groups

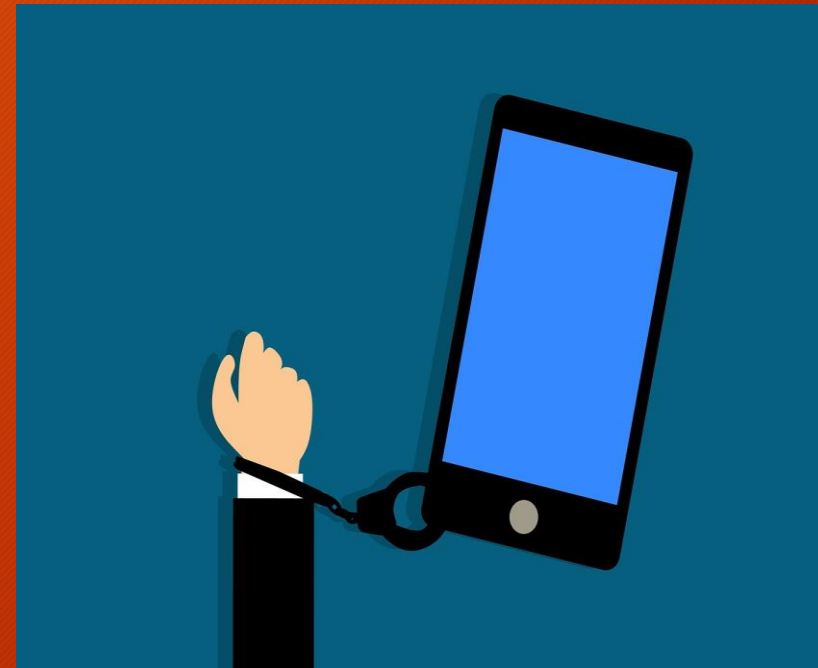
- Adult Users aged 35-55
- Adult Educators
- Parents



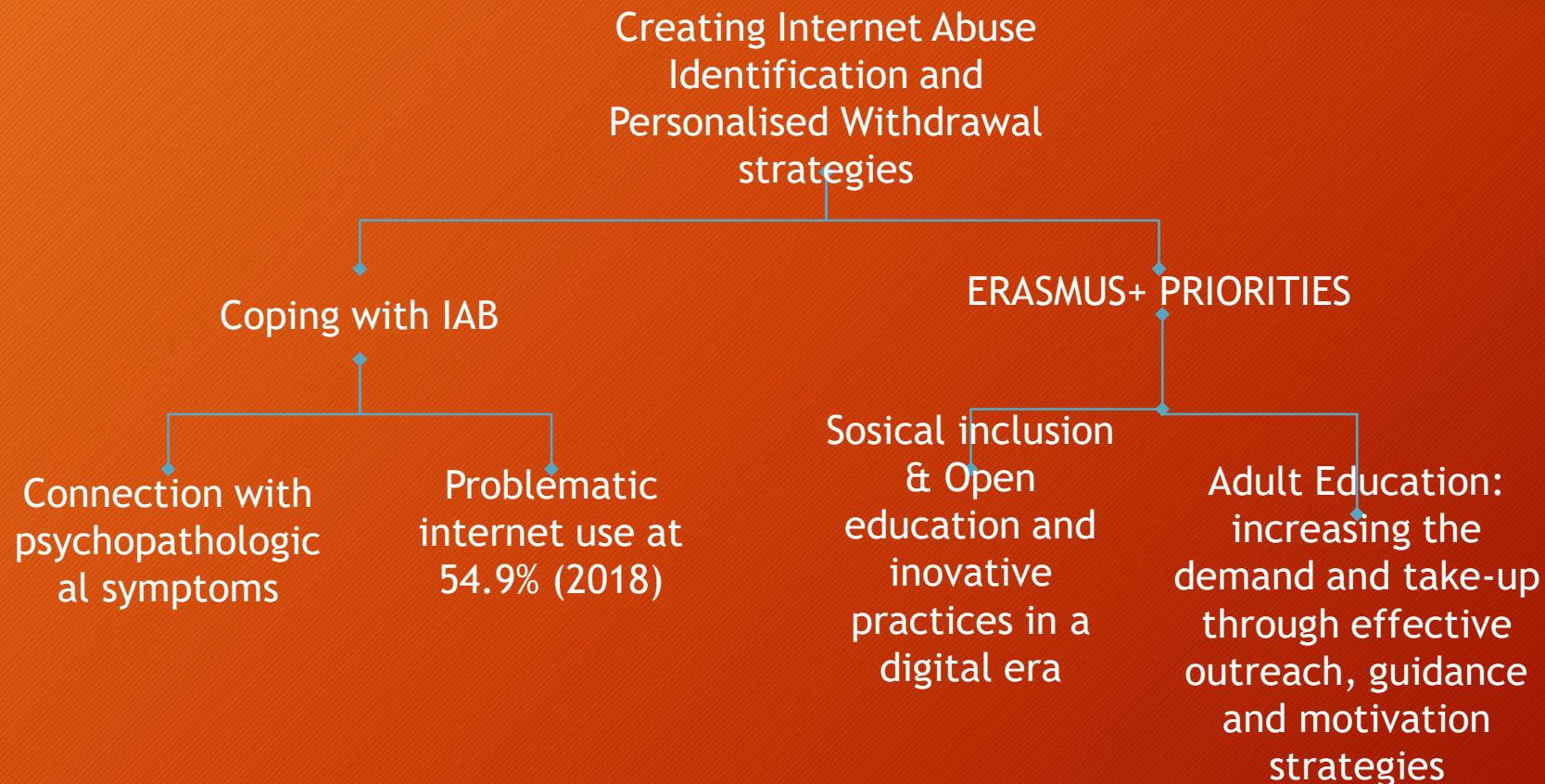
PREVENTING INTERNET ADDICTIVE BEHAVIOUR (IAB)



- To empower adults to deal with situations of excessive preoccupation with Internet/screen abuse
- To adopt a personalised approach for withdrawal/reduction and prevention strategy offering a personal eLearning environment



Addressing the Need for I-AID



MAIN PRODUCTS



Internet Addiction Pal: a tool offering adults a **personalized withdrawal/screen moderation plan** based on their personal situation and personality characteristics, online behavior and risks associated with each of the online activities they are involved in.

INTELLECTUAL OUTPUTS (IOs)

IO1- Training Approach & Internet Addiction Pal

IO2- Supporting Content and Facilitating Tools

Timeline of the Project



2019-2020

2020

2020

2021

Survey as part of IO1

Survey of Situational & Behavioural Data "As is" and the "To be" situation.

IO1

Training Approach and Internet Addiction Pal integrating personalised withdrawal plans.

IO2

Supporting Content and Facilitating tools including e-learning platform, I AID Social Learning Motivation Environment and retention units.

Workshop

Train the trainer-train appointed trainers on the I AID tools, training content and training delivery approach

Internet Addiction Pal Web platform



- A personalised service offering the user a complete screen moderation plan based on their personal situation and personality characteristics
- Easy to implement personalised withdrawal actions
- A retention service to support the user in implementing the actions
- Rewarding system based on Open Badges





Thank you for your attention!

For more information, feel free to contact us
at:



[*i-aid.erasmus.site*](http://i-aid.erasmus.site)

